

Can a **simple blood test** identify foods that can *significantly reduce inflammation* in your patients?

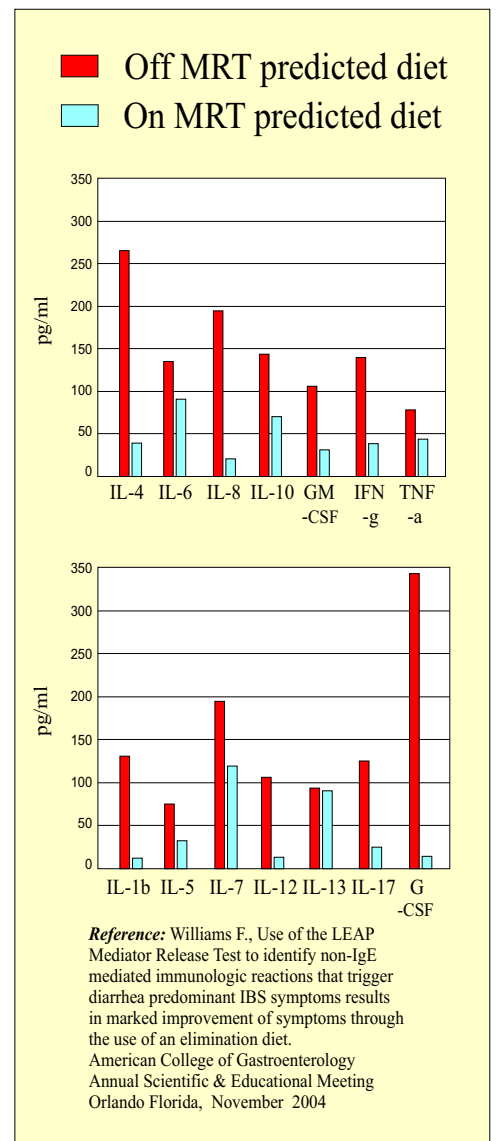
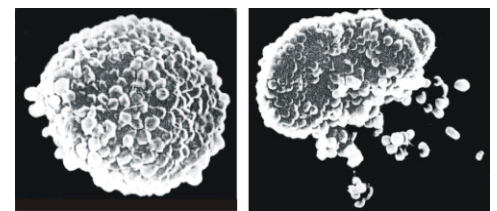
Absolutely! A 2004 study presented at the American College of Gastroenterology Annual Scientific & Educational Meeting showed the Mediator Release Test (MRT[®]) was able to predict a diet that markedly decreased circulating levels of 14 different human cytokines in a diarrhea predominant-IBS sufferer.

Migraine, IBS, fibromyalgia, rheumatoid arthritis, asthma, and many other inflammatory conditions often have a symptom-provoking dietary component. Proinflammatory and proalgesic mediators released during food hypersensitivity reactions represent a common endpoint and are the direct cause of symptom manifestation whenever food hypersensitivity is involved.

The patented Mediator Release Test can help you and your patients identify the specific foods and food-chemicals responsible for increased levels of proinflammatory and proalgesic mediators, with greater precision and accuracy than either Alcat or any form of ELISA IgG testing. MRT accounts for the widest array of non-IgE mediator releasing pathways of any in vitro test. This translates into better diagnostic information for you and better outcomes in your food sensitive patients.

Since 2001 I have been using MRT in my practice and have found it to be a very useful tool for my patients with non-atopic, but immune mediated food reactions. I routinely see substantial clinical improvement with my patients who are following a MRT predicted diet. In 2002 I conducted a study on autistic adults in which clinical outcomes were noticeably enhanced by the exclusion of foods and food chemicals that were MRT positive. Other data related to elevation of cytokine levels in food sensitive IBS patients before and after MRT food challenges clearly suggest that MRT is measuring a physiologically and clinically relevant condition.

W. Ted Kniker, MD
Past Chairman, Adverse Food Reactions Committee
American College of Allergy, Asthma, & Immunology



Call Lab Interpretation LLC @ 775-851-3337 to learn more about how LEAP-MRT[®] will give you a more complete picture of inflammatory triggers in your food sensitive patients.