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The Rumsfeld Plague: Aspartame Brings Horror (Opinion)

Saturday, August 15, 2009 by: Hesh Goldstein, citizen journalist
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(NaturalNews) The aspartame horror began in 1981 due to Donald Rumsfeld, as head of the G.D. Searle pharmaceutical company, when he used his political clout to put a known carcinogen on the market to poison a nation all in the name of money.

In a Washington Post article of December 12, 2001 about Donald Rumsfeld, there was a one liner that was so incredibly relevant. That sentence was:

"He could be swilling Diet Coke with the secure knowledge that if not for his turnaround of Big Pharma giant G.D.Searle & Co. and successful touting of the sweetener [aspartame](#), the beverage would not be possible".

If [Donald Rumsfeld](#) had never been born think of how many millions of people the world over would not suffer [headaches](#) and dizziness. Thousands blind from the free methyl [alcohol](#) in aspartame would have sight, and there would be much fewer cases of optic neuritis and macular degeneration. Millions suffering seizures would live normal lives and wouldn't be taking anti-seizure [medication](#) that won't work because aspartame interacts with drugs and [vaccines](#). Think of the runner, Flo Jo, who drank Diet Coke and died of a grand mal seizure. She, no doubt, would still be alive. Brain fog and memory loss, skyrocketing symptoms of aspartame disease, would not be epidemic.

Millions suffer insomnia because of the depletion of [serotonin](#). Think of Heath Ledger. He took that horrible drug, Ambian CR for sleep, which makes your optic nerve and face swell and gives you horrible headaches. Plus, he drank Diet Coke and took other [drugs](#) and died of polypharmacy.

Since aspartame has been proven to be a multi potential [carcinogen](#), would Farrah Fawcett still be alive?

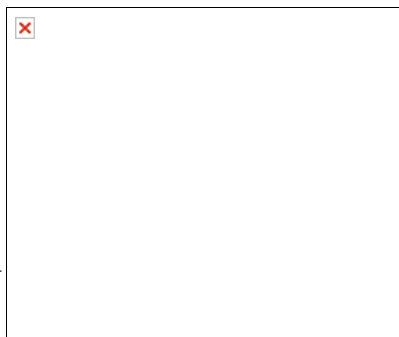
Consider the constant plague of fallen [athletes](#). Aspartame triggers an irregular heart rhythm and interacts with all cardiac medication. It damages the cardiac conduction system and causes sudden death. Thousands of athletes have fallen. Doctors H.J. Roberts and Russell Blaylock wrote these alerts: <http://www.wnho.net/aspartame> msg scd.htm and <http://www.wnho.net/aspartame> and arrhythmias.htm

Epidemiological studies should be done on MS and lupus because of their link to aspartame use. Hundreds of thousands of people suffer from aspartame induced multiple sclerosis and lupus, and if not warned in time could lose their lives as many have. Hospice nurses have reported Alzheimer's [disease](#) in 30 year olds as it skyrockets from Rumsfeld's [plague](#). Think of Michael Jackson, a former Diet [Pepsi](#) spokesman. He developed lupus, then came the drugs, then came the serious joint pain, and then he died of cardiac arrest which aspartame causes.

As the phenylalanine in aspartame deletes serotonin, it triggers all kinds of psychiatric and behavioral problems. The mental [hospitals](#) are full of patients who are nothing but aspartame victims. If Donald Rumsfeld had never been born, the revoked petition for approval of aspartame would have been signed by FDA commissioner Jere Goyan and the mental hospitals would house probably 50% less victims. Jere Goyan would never have been fired at 3:00 AM by the Reagan transition Team to over-rule the Board of Inquiry. Instead, FDA commissioner Jere Goyan would have signed the revoked

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petition into law. See: [http://www.mpwhi.com/fda petition1.doc](http://www.mpwhi.com/fda%20petition1.doc). The FDA today would still be Big Pharma's adversary instead of being their "hooker".

If aspartame had not been approved, Lou Gehrig's Disease, Parkinson's and other neuro-degenerative diseases would not be knocking off the public in record numbers. Michael Fox, a Diet Pepsi spokesman, would never have gotten Parkinson's at age 30. He would probably still be making movies, young and healthy. Aspartame interacts with L-dopa and other Parkinson drugs. Parcopa has aspartame in it and the [pharmaceutical company](#) refuses to remove it.

One has to take a deep breath when you think how heartless it is that there is not even a warning for pregnant women. Aspartame triggers every kind of birth defect from autism and Tourettes' Syndrome to cleft palate. Aspartame is an abortifacient (a drug that induces abortion). As an example, out of 9 pregnancies, 8 were lost and the one that survived is schizophrenic. Multiply that all over the world due to Rumsfeld's Plague. ADD and ADHD would be rare instead of rampant.

It's normal for young girls to look forward to [marriage](#) and children. Yet, many sip on [diet soda](#) or use aspartame products not realizing that aspartame is an endocrine disrupting agent, stimulating prolactin, which is a pituitary hormone that stimulates milk production at childbirth, changes the menstrual flow and causes infertility. Many go through life never knowing why they couldn't have children. Aspartame even destroys marriages because it causes male sexual dysfunction and ruins female response.

Aspartame causes every type of [blood](#) disorder from a low blood platelet count to leukemia. Because aspartame can precipitate [diabetes](#) the disease is epidemic. To make matters worse, it can simulate and aggravate [diabetic](#) retinopathy and neuropathy, destroy the optic nerve, cause [diabetics](#) to go into convulsions and interact with insulin. Diabetics lose limbs from the free methyl alcohol; professional organizations like the [American Diabetes Association](#) push and defend this poison because they take money from the manufactures. How many millions would not have diabetes if Rumsfeld had never been born?

Aspartame (NutraSweet/Equal/Spoonful/E951/Candere/Benevia, etc) and [MSG](#), another one of Ajinomoto's horrors, are responsible for the epidemic of obesity the world over. Why? Because aspartame makes you crave carbohydrates and causes great toxicity to the liver.
[http://www.mpwhi.com/ aspartame makes you fatter.htm](http://www.mpwhi.com/aspartame%20makes%20you%20fatter.htm)

The FDA report lists 92 symptoms from unconsciousness and coma to shortness of breath and shock. Medical texts list even more: "Aspartame Disease: An Ignored Epidemic", [www.sunsetpress.com](#) by H.J. Roberts, M.D., and "Excitotoxins: The Taste That Kills" by neurosurgeon Russell Blaylock, M.D., [www.russellblaylockmd.com](#). There is simply no end to the horrors triggered by this literal addictive, excitoneurotoxic, genetically engineered carcinogenic drug. This chemical poison is so deadly that Dr. Bill Deagle, [www.nutrimedical.com](#), a noted Virologist once said it was worse than depleted uranium because it is found everywhere in food.

The [formaldehyde](#) converted from the free methyl alcohol embalms living tissue and damages [DNA](#) according to the Trocho Study done in Barcelona in 1998. Even with this devastating study showing how serious a chemical poison aspartame is, [the FDA](#) has turned a blind eye and a deaf ear to it. With [Monsanto](#) attorney Michael Taylor now appointed as Deputy Commissioner to the FDA by Obama, it's nothing more than Monsanto's Washington Branch Office. Even before the Ramazzini Studies showing aspartame to be a multi-potential carcinogen, the FDA knew it. Their own toxicologist, Dr. Adrian Gross, even admitted that it violated the Delaney Amendment because of the [brain tumors](#) and brain cancer. Therefore, no allowable daily intake ever should have been able to be established. Aspartame caused all types of tumors from mammary, uterine, ovarian, pancreatic and thyroid to testicular and pituitary. Dr. Alemany, who did the Trocho Study, commented that aspartame could kill 200 million people. When you damage DNA you can destroy humanity.

Dr. James Bowen told the FDA over 20 years ago that aspartame is mass poisoning the American public and likewise in more than 70 countries of the world. No wonder it's called "Rumsfeld's Plague".

Big Pharma knows all about aspartame and they add it to drugs, including the ones used to treat the problems caused by aspartame. [Big Pharma](#) has made America a fascist government. People are so sick from aspartame and yet they keep selling these dangerous pharmaceuticals at outrageous prices.

Dr. H.J. Roberts said in one of his books that you have to consider aspartame with killing children. We are talking about a drug that changes brain chemistry. Today children are medicated instead of educated.

Death and disability is what Donald Rumsfeld has heaped on consumers just to make money. Think of the death of Charles Fleming who used to drink about 10 diet [sodas](#) a day. Then he used creatine on top of this, which interacts, and is considered the actual cause of death. Yet his wife, Diane Fleming, remains in a prison in Virginia convicted of his death, despite being the very one who tried to get her husband to stop using these dangerous products containing aspartame in the first place.

The list never ends. At least six American Airlines' pilots, who were heavy users of aspartame, have died with one in flight drinking a Diet Coke. When American Airlines was written about removing aspartame they said, "leave the flying to us". Pilots too are sick and dying on aspartame, and when you fly your life is in the hands of the pilot. There was a case with a Delta pilot that died from esophageal [cancer](#) and had a history of consuming huge quantities of diet sodas. This was brought to the attention of the Delta management that refused the pilot's wife's request to alert other pilots.

Then there's the Persian Gulf where diet sodas sat on pallets daily in temperatures in the 100 to 120 degree range for as long as 9 weeks at a time before the soldiers drank them all day long. Remember, aspartame converts to formaldehyde at 86 degrees; it interacts with vaccines and damages the mitochondria or life of the cell, and the whole molecule breaks down to a [brain tumor](#) agent.

There's a book out there called, "Rumsfeld, His Rise, Fall and Catastrophic Legacy", by Andrew Cockburn that will substantiate all of this. And fittingly, Rumsfeld appropriately lives in a place called Mount Misery.

In the video, "Sweet Misery: A Poisoned World", which you can view at [www.healthtalkhawaii.com](#), attorney James Turner explains how Rumsfeld got his poison marketed for human consumption. To learn about how the CDC investigation was covered up - The Rumsfeld-Pepsi-Nixon Connection, go to <http://www.sweetremedy.tv/pages/rum...> or view it in its entirety at [www.healthtalkhawaii.com](#).

For over a quarter of a century there has been mass poisoning of the public in over 100 countries of the world by aspartame because Donald Rumsfeld, as he put it, "called in his markers". The aspartame industry has paid front groups and professional organizations to defend them and push it on the very people it can cause the most harm to. A suit was filed against the American Diabetes Association in 2004 for racketeering but they got out of it.

The hands of physicians are tied. Most are clueless that a patient is using aspartame, and the drugs used to treat the aspartame problem will probably interact and may even contain aspartame. This is the world that Donald Rumsfeld is responsible for!

My eternal thanks to Dr. Betty Martini, Founder, of Mission Possible International for her undying efforts in exposing this heinous crime against humanity.
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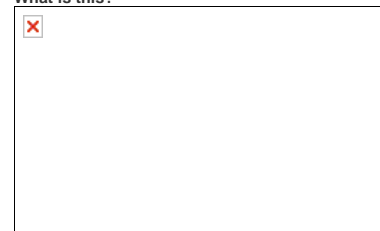
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About the author

Hesh Goldstein: Vegetarian since 1975, vegan since 1990. Moderator of a weekly [radio show](#) in Honolulu called, "Health Talk" since 1981. Obtained a Master's degree in Nutrition, in 2007, to silence the so-called "doctors" that called in on my weekly radio show asking for my "credentials". At 70, I am in perfect [health](#), have no illnesses, take no meds, play 4 on 4 half court hoops 2 hours a week, body surf, race walk, do various cardio and weight exercises and teach women's self defense classes based upon 30 years of Wing Chun training .

To obtain a state of good health, if it had a face or a mother or if man made it, don't eat it.

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