

Natural Remedies for Healthy Hair

RawForBeauty.com



Avocado



Aloe vera



Coconut
oil



Macadamia
nut oil



Jojoba
oil



Avocado
oil



Olive
oil



Almond
oil



Tea tree
oil



DIY Hair Mask Recipe

1. In a bowl, mix mashed avocado with olive oil until well combined.
2. Apply hair mask on damp hair, including scalp and hair ends. Tuck your hair in a shower cap.
3. After 20 minutes, rinse off the hair mask while massaging the scalp. Shampoo as usual.

Enjoy your silky soft hair!