COSMETIC CHEMICALS IN FAST FOOD?! 

- **Sodium Stearoyl Lactylate**
  Found in shampoo and soap
  *Reasoning for use:* ‘dough conditioner’ even though bread does not require this, and has been made without SSL for thousands of years

- **Disodium Phosphate**
  Found in mascara and mouthwash
  *Reasoning for use:* Food preservative

- **Calcium Disodium EDTA**
  Found in skin products and hair conditioner (used as stabilizer)
  *Reasoning for use:* Flavor protectant in fast food sauces, dips and dressings

- **Propylene Glycol**
  Found in shampoo, mouthwash, hand sanitizers
  *Reasoning for use:* Gives most of today’s food and beverages their distinctive taste

- **Ammonium Glycyrrhizinate**
  Found in facial mask products
  *Reasoning for use:* Flavor enhancer, flavoring agent, surface-

- **Benzoyl Peroxide**
  *Recently banned in China*
  Active ingredient in acne creams
  *Reasoning for use:* Bleaching wheat flour white (all fast food breads)