**BEE BALM**

**BASIL**

**BAKING SODA AND WATER** Mix the baking soda and water to form a thick paste then slather it into the skin.

**PLANTAIN** Chew up some of the leaves to release its juices or firmly roll it between your thumb and fingers. Then press the juicy leaves against the sting.

**ONION** Cut an onion in half and press the inside of it (the juicy part) on the sting.

**GARLIC CLOVES** Crush a garlic clove to release the garlic juices and press it against the sting.

**LAVENDER ESSENTIAL OILS** Just a drop on the sting site is all you need.

**HONEY** Pour some honey on the affected site.