

Main complications of persistent High blood pressure

Brain:

- Cerebrovascular accident (*strokes*)
- Hypertensive encephalopathy:
 - *confusion*
 - *headache*
 - *convulsion*

Retina of eye:

- Hypertensive retinopathy

Heart:

- Myocardial infarction (*heart attack*)
- Hypertensive cardiomyopathy:
 - *heart failure*

Blood:

- Elevated sugar levels

Kidneys:

- Hypertensive nephropathy:
 - *chronic renal failure*

