



# Cruciferous Vegetables

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|------------------|-----------------|----------------|
| Arugula          | Bok choy        | Broccoli       |
| Brussels sprouts | Cabbage         | Cauliflower    |
| Chard            | Chinese cabbage | Collard greens |
| Daikon           | Kale            | Kohlrabi       |
| Mustard greens   | Radishes        | Rutabagas      |
| Turnips          | Watercress      |                |

