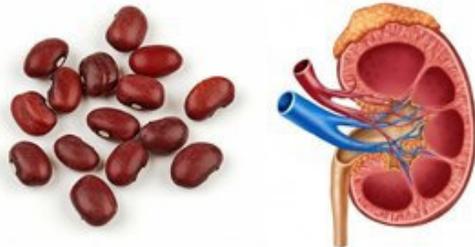


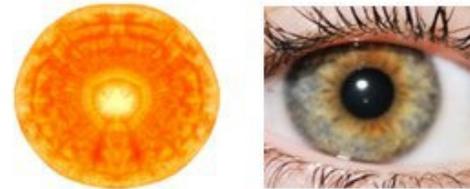
# The Doctrine Of Signatures

## KIDNEY BEANS- KIDNEY



**Kidney Beans actually heal and help maintain kidney function—and they look exactly like human kidneys**

## CARROT- EYE



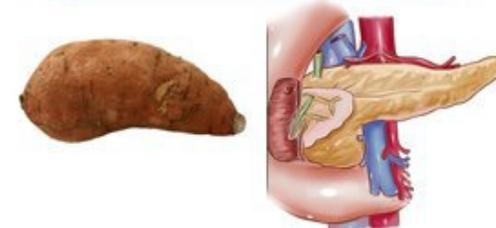
**The cross section of a Carrot looks like the human eye. The pupil, iris and radiating lines look just like the human eye. And science now shows carrots greatly enhance blood flow to the eyes and aid in the general function of the**

## WALNUT- BRAIN



**A Walnut looks like a little brain, a left and right hemisphere, upper cerebrums and lower cerebellums. Even the wrinkles or folds on the nut are just like the neo-cortex. We now know walnuts help develop brain**

## SWEET POTATO- PANCREAS



**Sweet Potatoes look like the pancreas and actually balance the glycemic index of diabetics**

