Health Benefits of Soursop

Soursop leaf turns 10,000 times more powerful content and the ability of chemotherapy to treat cancer

- Soursop leaf tea, is effective for head lice and bedbugs
- Remedy for gall bladder trouble, coughs, catarrh, dysentery, fever, and indigestion
- The root bark is used as an antidote for poisoning
- The juice of the fruit can be taken orally as a remedy for haematuria and liver ailments
- Mashed leaves are used as a poultice to alleviate eczema and other skin problems
- Crushed leaves can be applied to skin eruptions and wounds to promote faster healing
- Decoction of leaves can be used as compresses for inflammation and swollen feet
- Eating soursop can prevent leg cramps
- Prevent anemia