

USES OF GARLIC

Forget apples... a clove of garlic a day keeps the doctor away!

High cholesterol

Athlete's foot

Poor digestion

Low energy

Blood sugar

Blood cholesterol

Colon cancer

Chronic bronchitis

Yeast infections

Respiratory problem

Boosts the immune system

Increase absorption of iron
and zinc

Coughing

Antioxidants

Breast cancer

Cold and flu

Leukemia

Anti-fungal

Vaginitis

Toothaches

Warts

Stomach

Diabetes

Parasites

Allergies

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